Lavender Oat Foaming Bath Salts

7.5g | 5% dendritic salt ([USA](https://amzn.to/2TnMYP3) / [Canada](https://www.windypointsoap.com/products/dendritic-salt?_pos=1&_sid=ee6914f1d&_ss=r))  
3g | 2% colloidal oatmeal ([USA](https://www.brambleberry.com/shop-by-product/ingredients/additives-and-lye/exfoliants-and-powders/colloidal-oatmeal/V000042.html) / [Canada](https://candorasoap.ca/additives-bath-body/herbs-botanicals/herbs-petals-powders/oatmeal-colloidal-nf.html))  
0.015g | 0.01% [purple water-soluble dye](https://yellowbee.ca/collections/colorant-water-soluble-dye/products/adz-violet-blend-5g?variant=29480459632751)

6g | 4% Natrasorb ([USA](https://www.wholesalesuppliesplus.com/products/natrasorb-bath.aspx) / [Canada](https://www.voyageursoapandcandle.com/products/natrasorb-bath-powder?_pos=1&_sid=de68b390b&_ss=r)) -< oatmeal >  
0.75g | 0.5% [lavender essential oil](https://amzn.to/2R74o2V)  
1.5g | 1% Polysorbate 80 ([USA](http://amzn.to/2hTEnTB) / [Canada](https://yellowbee.ca/collections/emulsifier/products/polysorbate-80?variant=39274450419823))

116.24g | 77.49% Epsom salt ([USA](https://amzn.to/2Gh4txq) / [Canada](https://amzn.to/322sDng))

15g | 10% Sodium Lauryl Sulfoacetate (SLSa) ([USA](https://www.brambleberry.com/shop-by-product/ingredients/additives-and-lye/exfoliants-and-powders/sodium-lauryl-sulfoacetate---slsa/V000751.html#q=Slsa&lang=default&start=1) / [Canada](https://yellowbee.ca/collections/surfactant/products/slsa-lathanol-lal-powder?variant=39281775247471))

[Weigh](http://www.humblebeeandme.com/faqs/what-should-i-consider-when-purchasing-a-scale/) the dendritic salt, colloidal oatmeal, and dye into a bowl. Mix together with gloved hands. Add the Natrasorb, essential oil, and Polysorbate 80. Massage everything together with gloved hands until the mixture is uniform.

Add the Epsom salts, and blend until uniform.

Put on your dust mask ([USA](https://amzn.to/3ijxoic) / [Canada](https://www.leevalley.com/en-ca/shop/tools/apparel-and-safety-gear/respirators-and-dust-masks/74167-elipse-low-profile-dust-respirator)). Add the Sodium Lauryl Sulfoacetate (SLSa), and gently mix everything together with your hands until uniform.

Spread the mixture out on a cookie sheet and leave it to dry for two days before packaging. I used a pretty [apothecary-style jar with a cork top and wooden spoon from YellowBee](https://yellowbee.ca/collections/plastic-jar/products/frosted-bath-salt-and-scrub-jar-with-lid-and-spoon-200ml?variant=8660000440426). To use, add a few tablespoons (or more—it’s up to you!) to a running bath and enjoy the bubbles, scent, and colour!

*Because these bath salts do not contain any water, they do not require a*[*broad-spectrum preservative*](http://www.humblebeeandme.com/faqs/need-add-preservative-recipe-long-will-last/)*(broad spectrum preservatives ward off microbial growth, and microbes require water to live—no water, no microbes!). Be sure to keep the mixture dry to ensure it lasts as long as possible—don’t let any water get into the container and it should easily last at least year.*